



AMMA<sup>UK</sup>



# FINDING OUR TRUE HOME

SPIRITUAL TALK | CONCERT |  
MEDITATION

with **Br. Shubamrita Chaitanya**  
disciple of Amma

**Sunday 28.07.2019**

Start: 17.00 | End: 20.00

Venue: Merton Arts Space

Wimbledon Library, Crompton Rd

London SW19 7NB

Entry is free, however please register on  
[Eventbrite.co.uk](https://www.eventbrite.co.uk) (search *Shubamrita*)

Indian food available

[www.amma.org.uk](http://www.amma.org.uk) | [www.embracingtheworld.org](http://www.embracingtheworld.org)



“ LOVE IS THE CENTRE-POINT OF LIFE. WE SHOULD PERFORM ALL OUR ACTIONS, WHILE REMAINING FOCUSED ON THIS CENTRE-POINT. - Amma ”

## BRAHMACHARI SHUBAMRITA CHAITANYA

We will once again have the opportunity of welcoming Amma's close disciple, Br Shubamrita to the UK. The programme will include a spiritual discourse on Finding Stillness in Chaos, as well as bhajans and meditation. At Amma's behest, he regularly travels throughout Europe delivering spiritual lectures and teaching meditation and yoga. In his talks he presents the profound wisdom of Indian spirituality in a simple, practical manner, drawing frequently upon his personal experiences as Amma's disciple. With the benefit of more than 30 years experience as one of Amma's closest disciples and personal translators, Shubamrita shares his understanding of Eastern spiritual traditions in easily understandable terms. All of Shubramrita's visits have proved to be a time of spiritual refreshment and wonderfully uplifting.

## MATA AMRITANANDAMAYI (AMMA)

Mata Amritanandamayi, known throughout the world as Amma, or Mother, is one of the world's most respected humanitarians and spiritual leaders. Her entire life has been dedicated to alleviating the pain of the poor and those suffering physically and emotionally. Amma inspires, uplifts and transforms through her physical embrace, her spiritual wisdom and her humanitarian activities. Her boundless love and compassion crosses all barriers of nationality, culture and religion. For her extraordinary contributions to world peace, Amma received the Gandhi King Award for Nonviolence in 2002. Her charitable projects, now known collectively worldwide as Embracing the World®, are reaching out to millions around the globe. In India, Amma's organization has been given Special Consultative Status to the United Nations.

## CONTACT

Yamunah | [vakeesyam@fastmail.fm](mailto:vakeesyam@fastmail.fm) | 07883 945 863  
[www.amma.org.uk](http://www.amma.org.uk) | [www.embracingtheworld.org](http://www.embracingtheworld.org)